



3845 Perkins Road | Thompson's Station, TN 37179  
Contact@DeerRun.camp | 615.794.2918 | Fax 615.794.5123

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## **SAMPLE MENU ONLY**

**THE DAILY MENU VARIES and MAY OR MAY NOT INCLUDE ITEMS LISTED.  
YOUR MENU SELECTIONS ARE DETERMINED BY OUR FOOD SERVICES DIRECTOR  
1-2 WEEKS PRIOR TO YOUR RETREAT DATE.**

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### **CREEKSIDE BREAKFAST**



**Entire Group Dines Together, Starting at the Same Time • Gratuity & Service Included**

Includes Seasonal Fruit, Assorted Cereals & Bottomless Beverages: Juices, Milk, Coffee  
*Wheat Toast & Peanut Butter is available upon request.*

#### **FARMHOUSE**

*A Deer Run Signature Breakfast*

Fluffy, Buttery Scrambled Eggs

Hot Buttermilk Biscuits • Savory White Gravy • Sensational Sausage

Served with Butter, Apple Butter, Assorted Jellies, Honey & Ketchup

#### **FRENCH TOAST SPECIAL**

French Toast Sticks dusted with Powdered Sugar

Served with Syrup, Cinnamon, Crispy Bacon & Assorted Yogurts

#### **DELUXE CONTINENTAL**

Mini Muffins

Cinnamon Rolls with Vanilla Icing

Bagels with Cream Cheese

Hard Boiled Eggs

Assorted Yogurts

#### **BISCUITS & WRAPS**

Chicken Tenderloin Biscuits & Sausage Biscuits

Breakfast Wraps: Peanut Butter, Banana & Granola wrapped In a Wheat Tortilla

Assorted Yogurts



*Special Menu/Dietary Requests \$2 per person per meal*



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### **CREEKSIDE LUNCH**



**Entire Group Dines Together, Starting at the Same Time • Gratuity & Service Included**

Includes Seasonal Fruit and Dessert plus  
Bottomless Beverages: Fruit Punch, Lemonade, Iced Sweet & Unsweet Tea, Ice Water  
*Peanut Butter & Jelly on Wheat is available upon request.*

#### **CHICKEN TENDERS**

Seasoned Chicken Tenders with BBQ & Honey Mustard Dipping Sauces  
Creamy Mac 'n Cheese • Country Style Green Beans

#### **TRADITIONAL COOKOUT**

Grilled Hamburgers & Hot Dogs  
Condiments, Hamburger Pickles, American Cheese, Lettuce, Tomato  
Assorted Chips • Baked Beans AND/OR Cole Slaw

#### **DELI SANDWICHES**

Turkey & Provolone plus Ham & Swiss on Croissants  
BLTs on Toasted Wheat Bread AND/OR Chicken Salad on Croissants  
Green Leaf Lettuce, Tomato Slices, Condiments, Bread & Butter Pickles (on the side)  
Assorted Chips

#### **CHICKEN WRAPS**

Grilled Chicken with Lettuce, Shredded Cheese & Ranch  
on a Honey Wheat or Sun-Dried Tomato Wrap  
Cold Cheese Tortellini Salad OR Assorted Chips



#### **DESSERTS**

Fresh Baked Cookies • Fudge Brownies dusted with Powdered Sugar  
Popsicles or Ice Cream • Homemade Banana Pudding  
Rich Decadent Chocolate Cake (*A Deer Run Signature Dessert*) • Orange Cake • Apple Spice Cake  
Adults Only: Peach Cobbler

*Add Salad Bar: \$2 per person per meal  
Special Menu/Dietary Requests \$2 per person per meal*



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### **CREEKSIDE DINNER**



**Entire Group Dines Together, Starting at the Same Time • Gratuity & Service Included**

Includes Bottomless Beverages: Fruit Punch, Lemonade, Iced Sweet & Unsweet Tea, Ice Water plus Dessert

#### **PASTA BAR**

Penne Pasta

Marinara Sauce • Italian Meatballs

Alfredo Sauce (Groups of 20 or more)

Grated Parmesan • Classic Caesar Salad • Buttered Garlic Toast

#### **BURRITO BAKE/TACO SALAD**

Baked Beef & Bean Burrito topped with Mexican Salsa, Red Sauce & Cheese  
OR Taco Salad with Seasoned Beef on Shredded Lettuce Topped with Mexican Salsa,  
Diced Tomato & Shredded Cheddar Cheese  
Crispy Tortilla Chips • Salsa • Spanish Rice  
(Adults: includes Sour Cream & Black Beans)

#### **GRILLED MARINATED CHICKEN**

Grilled Marinated Chicken Breast

Mashed Potatoes • Buttery Corn • Dinner Roll with Butter

(Adults: Includes Salad Bar with Assorted Dressings)

#### **PIZZA & SALAD**

Cheese Pizza and Pepperoni Pizza • Salad with Assorted Dressings



#### **DESSERTS**

Fresh Baked Cookies • Fudge Brownies dusted with Powdered Sugar

Popsicles or Ice Cream • Homemade Banana Pudding

Rich Decadent Chocolate Cake (A Deer Run Signature Dessert) • Orange Cake • Apple Spice Cake

Adults Only: Peach Cobbler

*Add Salad Bar: \$2 per person per meal  
Special Menu/Dietary Requests \$2 per person per meal*